



Rooted in Christ

Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he is that who bears much fruit, for apart from me you can do nothing. John 15:4-5

Tiger Talk Newsletter October 5, 2023



UPCOMING EVENTS

10/5
2:00 Dismissal - Faculty Meeting

10/6
Teacher's Conference - NO SCHOOL

10/11-10/13
6th - 8th Grade Outdoor Education

10/15
Rejoice & Ablaze Choirs sing @ 11:00 Church Service

10/24
Picture Retakes

10/27
1st Quarter Ends

From the Principal's Desk:

Greetings from our Lord and Savior, Jesus!

There are many times people are asked if they enjoy their job. This is an interesting question. Many of us went to school, whether college or trade, to do our job. So, my answer is that I love my job! Every day is different. I am a principal and a teacher. Many days I get to experience small parts of other jobs as well. Sometimes I get to be a plumber, carpenter, nurse, or even (this week) put together a car!

Yes, you read that correctly. On Tuesday afternoon this week, I got to assemble 2 new cars for our preschool students. Thanks to all of the great donations raised for our recess and athletic equipment, we get to purchase new things. The preschool students had one car at the beginning of this year. This taught them a lot about patience, waiting, and making a list to see who was next. Now, the wait time has been cut way down since we purchased new cars!

Thanks for all the time and effort that everyone puts into our fundraisers. It is always great to see the smiles on faces, when something new is brought into the school.

In His Service,
Mr. DeWitt

SCHOOL
708.839.1444
mytls.org

trinitylutherschool@comcast.net

CHURCH
708.839.1200
tlbr.org
csecretary@tlbr.org

Meet Mrs. Swenson



Mrs. Carrie Swenson graduated from University of Illinois with a Bachelors of Art in Elementary Education. She has spent over 10 years teaching in K-2nd grade classrooms. She also has subject specific instruction experience for grades 6th-8th. She is married and has 3 children. She spent most of the last 15 years raising her children at home. Now that they are older, she feels a calling back to education and is looking forward to getting to know your child (ren). She is very excited to be your teacher and already has many learning activities planned for our art program. If you see her please don't hesitate to introduce yourself, ask a question or just say hi to Mrs. Swenson!

Cook County DOTH Bridge Closure Notification for the Wolf Road Bridge. In October or early November (schedule is not set yet) the Wolf Road Bridge over Flag Creek will be closed. Traffic will be detoured during approximate 3 weeks of construction.

- Wolf Road thru-traffic (between 79th St and Joliet Rd) will be detoured onto County Line Road and Willow Springs Road.
 - All local traffic will still be able to utilize Wolf Road between 79th St and Joliet Rd. but not cross the bridge during the construction.
- The work on this bridge must be completed before winter.



Upcoming Events:

HIGH SCHOOL OPEN HOUSE

Sunday, October 15 - 2-4pm

MIDDLE SCHOOL SCHOLASTIC BOWL

All middle schools in the area welcome, tell your principal you want your school to participate - Saturday, November 4

DUNKIN' WITH THE KNIGHTS

Boy's Night: December 15

Girl's Night: January 12

For more information and to register, go to swchristian.org



CHICAGO CHRISTIAN
HIGH SCHOOL

A Christ-Centered Learning Community
Intent on Restoring God's World





CHAPEL OFFERINGS THIS QUARTER

From now, until October 25th, we are collecting school supplies for Liberian Ministries.

Items Collected So Far: 107

UPCOMING CHAPEL OFFERINGS

>Hats, Mittens, Scarves
Nov 1, 2023- Dec 20, 2023

>Hinsdale Humane Society
Jan 10, 2023- Mar 6, 2023

>December Food Drive
Advent Calendar-San Pablo

>Phil's Friends
Mar 13, 2023- End of Year

UPCOMING TIGER ATHLETICS

VOLLEYBALL PRACTICE

10/9 until 5:00



VOLLEYBALL GAME

10/10 4:00 @ Zion/Concord Bensenville

CHEER PRACTICE

10/11 AND 10/12 until 4:30

UPCOMING PAWS EVENTS



10/9

Popcorn Monday

10/11

Mrs. Swenson's Birthday
(new Art teacher)

10/13

Fun Friday - Crazy Hat/
Crazy Hair Day

10/13

Trunk or Treat (5:30 set-up)
Event times 6:00 - 7:00 See
pages 3-5 for more info.



Intentional

There are things in life that are intentional. We may strive to live intentionally. What we say. What we do. What we eat. When we exercise. How we raise our children. But did you ever consider that your very being is... intentional? Your existence is not random or accidental. King David, in Psalm 139, reveals truth about how God formed us and created us:

13 You made all the delicate, inner parts of my body and knit me together in my mother's womb. 14 Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it. 15 You watched me as I was being formed in utter seclusion, as I was woven together in the dark of the womb. 16 You saw me before I was born. Every day of my life was recorded in your book. Every moment was laid out before a single day had passed.

Wow! We are intentional and that gives us dignity, identity, and status. I am wonderfully and marvelously made by God the Creator.
~Pastor Bob



TRUNK

AND



TREAT



OCT 13TH | FROM 6:00 TO 7:00 PM

**TRINITY LUTHERAN SCHOOL PARKING LOT
11503 GERMAN CHURCH ROAD, BURR RIDGE, IL 60527**

**VEHICLES NOT PARTICIPATING IN THE EVENT SHOULD
BE PARKED AT THE CHURCH**

CONTACT PAWS VIA FAST DIRECT WITH QUESTIONS





Trinity Lutheran Church and School

The Lutheran Church - Missouri Synod
11503 German Church Road
Burr Ridge, Illinois 60527

Church: 708-839-1200 + School: 708-839-1444 + Fax: 708-839-8503
www.TLBR.org (church) + www.MYTLS.org (school)

Dear Business Person:

Trinity Lutheran School, Burr Ridge, is hosting its 23rd annual Volleyball Tournament Co-Ed teams. The tournament will start on Friday, October 20th and run through Saturday, October 21st, 2022. We anticipate eight area teams will be participating in the two-day event.

Trinity Lutheran has students in pre-school through eighth grade. All students in the 5th through 8th grades are encouraged to participate in our sports programs on a no-cut basis and compete with many area teams in the Lutheran School League.

The advertiser-supported roster program will be distributed during the tournament. Monies earned from the sale of ads are used to help subsidize our academic and athletic programs, as well as help cover the cost of the tournament. As a result of the past years' successful tournament fundraisers, we have been able to enhance our curriculum with an enriched art program, purchase athletic uniforms, purchase choir risers, and help finance the purchase of new computers and a new scoreboard.

We hope to count on your support to help make our tournament a continued success. Your ad will be placed in the roster book which will be distributed at the tournament to encourage the patronage of our supporting advertisers. *The deadline for all camera-ready ads is October 6, 2023.*

Your time and support is greatly appreciated by all of the Trinity Lutheran School students and athletes.

Sincerely,

Trinity Booster Club
Lisa Haak
(708)839-1444 ext. 121
ljhaak@juno.com

Please see reverse side for our advertising contract and return by October 6, 2023.

Trinity Lutheran School Advertising Contract

Trinity is hereby authorized to insert in their volleyball tournament program an advertisement to cover the space of

_____ Page, at \$ _____

<input type="checkbox"/>)Tournament Sponsor	\$175.00
<input type="checkbox"/>)Full Page Ad	\$100.00
<input type="checkbox"/>)Half Page Ad	\$60.00
<input type="checkbox"/>)Quarter Page Ad	\$40.00
<input type="checkbox"/>)Business Card Size	\$30.00

Name of Advertiser _____

Contract signed by _____ Date _____

Address _____

Phone _____

Name of the Trinity family member who secured the ad (if applicable)

The program format will be 8.5 x 11. Your ad can be color or black and white. Please email your camera-ready ad to ljhaak@juno.com and return this contract by October 6, 2023.

Thank you for your support of our school!



Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



All 4 Screenings for \$149

Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

Peripheral Arterial Disease (PAD):

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.¹

Abdominal Aortic Aneurysm (AAA):

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.

Atrial Fibrillation :

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.²

We will be in your neighborhood soon October 26th, 2023

Where: Burr Ridge, IL - Trinity Lutheran Church

Get your special Community Circle pricing!

Three ways to register and receive the special discount:

Call toll-free: 1-800-679-5191

Online: [LLSA.SOCIAL/HC](https://llsa.social/hc)

Text: the word [circle](https://llsa.social/hc) to 216-279-1607



Getting Screened is Simple!

Painless, non-invasive, keep your clothes on.

¹ <https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad>

No single screening can detect all risk factors for all conditions, such as and including the presence of coronary artery disease.

² <https://www.heart.org/en/health-topics/atrial-fibrillation>

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.