



Rooted in Christ

Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. I am the vine; you are the branches. Whoever abides in me and I in him, he is that who bears much fruit, for apart from me you can do nothing. John 15:4-5

Tiger Talk Newsletter September 29, 2023



UPCOMING EVENTS

10/5

2:00 Dismissal - Faculty Meeting

10/6

Teacher's Conference - NO SCHOOL

10/11-10/13

6th - 8th Grade Outdoor Education

10/15

Rejoice & Ablaze Choirs sing @ 11:00 Church Service

10/24

Picture Retakes

10/27

1st Quarter Ends

From the Principal's Desk:

Greetings in the name of our Lord and Savior!

Have you wondered what the big red pod in the back of the parking lot is for? Trinity's Youth Group and Trinity Lutheran School team up to donate soft items to Savers. Savers will accept large bags full of these items. They may include clothing, sheets, towels, shoes, and other soft items. Once we fill up the pod we take the items to Savers to be weighed, and Trinity earns money based on the weight. What an easy fundraiser!

The pod is empty, for now! It was just taken to Savers and we earned \$1,509.40! The total weight that we collected was 7,547 pounds! Way to go Trinity!

This fundraiser is ongoing! There is always a reason to clean the closets out and donate those unused items! When you have items to donate, please drop them off by the pod and contact the office to let us know! We love your support!

In His Service,
Mr. DeWitt

SCHOOL
708.839.1444
mytls.org

trinitylutheranschool@comcast.net

CHURCH
708.839.1200
tlbr.org
csecretary@tlbr.org



CHAPEL OFFERINGS THIS QUARTER

From now, until October 25th, we are collecting school supplies for Liberian Ministries.

Items Collected So Far: 107

UPCOMING CHAPEL OFFERINGS

>Hats, Mittens, Scarves
Nov 1, 2023- Dec 20, 2023

>Hinsdale Humane Society
Jan 10, 2023- Mar 6, 2023

>December Food Drive
Advent Calendar-San Pablo

>Phil's Friends
Mar 13, 2023- End of Year

PLEASE HELP!



Without your help, we cannot run our 24th annual volleyball tournament. You can sign up for concessions, clean-up , or admissions. OR you can sign-up to donate concession supplies. Use this link to sign-up!

<https://www.signupgenius.com/go/20F094BADA62EA4F94-44372621-trinity>

You can also advertise in our tournament book. Do you have a business you want to advertise? See the contract on page 6 and 7. Ask Ms. Haak for any additional information.

UPCOMING PAWS EVENTS

10/9

Popcorn Monday

10/11

Mrs. Swenson's Birthday
(new Art teacher)

10/13

Fun Friday - Crazy Hat/
Crazy Hair Day

10/13

Trunk or Treat (5:30 set-up)
Event times 6:00 - 7:00 See
pages 3-5 for more info.



UPCOMING TIGER ATHLETICS



VOLLEYBALL PRACTICE

10/2 until 5:00

10/4 until 5:00

CROSS COUNTRY PRACTICE

10/2 until 4:15

VOLLEYBALL GAME

10/3 4:00 @ St. Paul Brookfield

CROSS COUNTRY MEET

10/4 @Walther High School (after school)



LifeLine Screening has a special community event being held at Trinity Lutheran Church. See page 8 for details.



TRUNK

AND



TREAT



OCT 13TH | FROM 6:00 TO 7:00 PM

**TRINITY LUTHERAN SCHOOL PARKING LOT
11503 GERMAN CHURCH ROAD, BURR RIDGE, IL 60527**

**VEHICLES NOT PARTICIPATING IN THE EVENT SHOULD
BE PARKED AT THE CHURCH**

CONTACT PAWS VIA FAST DIRECT WITH QUESTIONS





CAR SIGN UP & REGISTRATION INFORMATION



EVENT RULES & GUIDELINES FOR PARTICIPATING VEHICLES

- Please arrive at 5:30 pm to get parked and decorate your trunk
- Vehicles must be decorated and ready to hand out candy by 6 pm
- Vehicles must remain parked until the event is over at 7 pm
- Participants must supply candy for approximately 100 kids
- Family friendly/non scary decorations & costumes only
- Participants must sign up individually by October 6th

★ **Contact PAWS via fast direct with any questions**

**PLEASE FILL OUT AND RETURN TO THE OFFICE BY
10.6.23**

FAMILY NAME: _____

CONTACT PERSON: _____

VEHICLE TYPE (CIRCLE ONE): CAR SUV TRUCK OTHER

EMAIL: _____ **PHONE:** _____



TRUNK & TREAT CAR INFORMATION

- Please arrive at 5:30 pm to get parked and decorate your trunk
- Spots will be numbered
- Please make sure you PULL your vehicle into your assigned parking spot and do not back-in.
- Vehicles must be parked in the assigned parking spot.
- Vehicles must be decorated and ready to hand out candy by 6 pm
- Vehicles must remain parked until the event is over at 7 pm
- Participants must supply candy for approximately 100 kids
- Family friendly/non scary decorations & costumes only
-

Contact PAWS via Fast Direct with any questions





Trinity Lutheran Church and School

The Lutheran Church - Missouri Synod
11503 German Church Road
Burr Ridge, Illinois 60527

Church: 708-839-1200 + School: 708-839-1444 + Fax: 708-839-8503
www.TLBR.org (church) + www.MYTLS.org (school)

Dear Business Person:

Trinity Lutheran School, Burr Ridge, is hosting its 23rd annual Volleyball Tournament Co-Ed teams. The tournament will start on Friday, October 20th and run through Saturday, October 21st, 2022. We anticipate eight area teams will be participating in the two-day event.

Trinity Lutheran has students in pre-school through eighth grade. All students in the 5th through 8th grades are encouraged to participate in our sports programs on a no-cut basis and compete with many area teams in the Lutheran School League.

The advertiser-supported roster program will be distributed during the tournament. Monies earned from the sale of ads are used to help subsidize our academic and athletic programs, as well as help cover the cost of the tournament. As a result of the past years' successful tournament fundraisers, we have been able to enhance our curriculum with an enriched art program, purchase athletic uniforms, purchase choir risers, and help finance the purchase of new computers and a new scoreboard.

We hope to count on your support to help make our tournament a continued success. Your ad will be placed in the roster book which will be distributed at the tournament to encourage the patronage of our supporting advertisers. *The deadline for all camera-ready ads is October 6, 2023.*

Your time and support is greatly appreciated by all of the Trinity Lutheran School students and athletes.

Sincerely,

Trinity Booster Club
Lisa Haak
(708)839-1444 ext. 121
ljhaak@juno.com

Please see reverse side for our advertising contract and return by October 6, 2023.

Trinity Lutheran School Advertising Contract

Trinity is hereby authorized to insert in their volleyball tournament program an advertisement to cover the space of

_____ Page, at \$ _____

- | | |
|--|----------|
| <input type="checkbox"/>)Tournament Sponsor | \$175.00 |
| <input type="checkbox"/>)Full Page Ad | \$100.00 |
| <input type="checkbox"/>)Half Page Ad | \$60.00 |
| <input type="checkbox"/>)Quarter Page Ad | \$40.00 |
| <input type="checkbox"/>)Business Card Size | \$30.00 |

Name of Advertiser _____

Contract signed by _____ Date _____

Address _____

Phone _____

Name of the Trinity family member who secured the ad (if applicable)

The program format will be 8.5 x 11. Your ad can be color or black and white. Please email your camera-ready ad to ljhaak@juno.com and return this contract by October 6, 2023.

Thank you for your support of our school!



Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up



All 4 Screenings for \$149

Carotid Artery Disease:

An ultrasound is performed to screen the carotid arteries (a pair of blood vessels in the neck that deliver blood to your brain) for buildup of fatty plaque. This buildup, called atherosclerosis, is one of the leading causes of stroke.

Peripheral Arterial Disease (PAD):

An Ankle-Brachial Index (ABI) test is performed using blood pressure cuffs on the arms and legs. It is important to screen for PAD because it increases the risk of coronary artery disease, heart attack, or stroke.¹

Abdominal Aortic Aneurysm (AAA):

An ultrasound is performed to screen the abdominal aorta for the presence of an enlargement or aneurysm. AAA can lead to a ruptured aortic artery, which is a life-threatening medical emergency.

Atrial Fibrillation :

A 6-lead electrocardiogram (EKG) is performed by placing sensors on the arms and legs to screen for Atrial Fibrillation. AFib can lead to blood clots, stroke, and heart failure, and other heart-related complications.²

We will be in your neighborhood soon October 26th, 2023

Where: Burr Ridge, IL - Trinity Lutheran Church

Get your special Community Circle pricing!

Three ways to register and receive the special discount:

Call toll-free: 1-800-679-5191

Online: [LLSA.SOCIAL/HC](https://llsa.social/hc)

Text: the word [circle](https://llsa.social/hc) to 216-279-1607



Getting Screened is Simple!

Painless, non-invasive, keep your clothes on.

¹ <https://www.heart.org/en/health-topics/peripheral-artery-disease/about-peripheral-artery-disease-pad>

No single screening can detect all risk factors for all conditions, such as and including the presence of coronary artery disease.

² <https://www.heart.org/en/health-topics/atrial-fibrillation>

Screening results are provided to you in about 14 days. We direct all participants with abnormal results to take the report to their physician. Appropriate modification of risk factors (including high blood pressure, smoking, heart disease, diabetes and poor diet) is also necessary for cardiovascular disease prevention. Our screenings cannot detect all forms of stroke risk or cardiovascular disease. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Price does not include any applicable review fees. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims nor provide referrals to any physician's group or hospital. If you are unable to attend the screening for any reason whatsoever, we will issue a gift card for the full amount to be used by you, or anyone you choose, for future screening services.